

Trainer Notice

View the following video clips for a demonstration of how to replace the non-drive side plastic sleeve and axle cup on your Nashbar Trainer.

The video clips correspond to the steps in the printed manual you received with the replacement plastic sleeve. If you have additional questions about the replacement procedure, please contact Nashbar Tech Support at 1-800-888-2710.

[2009 Nashbar Trainer Recall Packet Letter \[PDF\]](#)

[2009 Nashbar Trainer Recall Instructions \[PDF\]](#)

Select A Video:

>>Clip #1: Step One



>>Clip #2: Step Two



>>Clip #3: Step Three, Four, Five

